



Our Products



UPC: 71314043489

Net Weight: 12oz (0lbs 12oz)  
340g

Dimensions:  
6.250x4.250x4.500 IN



## Products

# Half Loaf 7 Grains

Blended with wheat, rice, rye, oat, barley, corn and millet, and sweetened with honey, this Honey 7 Grains Bread has fewer slices for less waste.

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, YEAST, HONEY, WHEAT GLUTEN, RICE FLOUR, ROLLED OATS, SOYBEAN OIL, RYE MEAL, SALT, WHEAT BRAN, BARLEY FLAKES, WHOLE GRAIN MILLET, CALCIUM PROPIONATE (A PRESERVATIVE), YELLOW CORN MEAL, WHOLE GRAIN TRITICALE, MONOGLYCERIDES, VINEGAR, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, WHEAT STARCH, CITRIC ACID, ASCORBIC ACID; TOPPED WITH ROLLED OATS.

**Contains wheat ingredients.**

## Nutrition Facts

13 Servings per container

Serving size

1 slice (26g)

Amount per serving

**CALORIES**

**70**

|                               | % of Daily Value* |
|-------------------------------|-------------------|
| <b>Total Fat 1g</b>           | <b>1%</b>         |
| Saturated Fat 0g              | <b>0%</b>         |
| Trans Fat 0g                  |                   |
| Polyunsaturated Fat           |                   |
| 0g                            |                   |
| Monounsaturated Fat           |                   |
| 0g                            |                   |
| <b>Cholesterol 0mg</b>        | <b>0%</b>         |
| <b>Sodium 105mg</b>           | <b>5%</b>         |
| <b>Total Carbohydrate 14g</b> | <b>5%</b>         |
| Dietary Fiber 1g              | <b>4%</b>         |
| Soluble Fiber 0g              |                   |
| Insoluble Fiber 0g            |                   |
| Total Sugar 1g                |                   |
| Includes 1g Added             |                   |
| Sugars                        |                   |
| <b>Protein 2g</b>             |                   |
| Vitamin D 0mcg                | <b>0%</b>         |
| Calcium 40mg                  | <b>4%</b>         |
| Iron 1mg                      | <b>6%</b>         |
| Potassium 30mg                | <b>0%</b>         |
| Thiamine 0.1mg                | <b>8%</b>         |
| Riboflavin 0.1mg              | <b>8%</b>         |
| Niacin 1mg                    | <b>6%</b>         |
| Folate 42mcg DFE (Folic Acid) | <b>10%</b>        |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

*While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.*