



Our Products



### Products

## Half Loaf Ancient Grain

This Ancient Grains Bread includes 10 ancient grains: Sorghum, Buckwheat, Brown Rice, Sunflower Seeds, Brown Flax, Chia Seeds, Spelt, Quinoa, Teff and Amaranth.

UPC: 71314043458

Net Weight: 12oz (0lbs 12oz)  
340g

Dimensions:  
6.250x4.250x4.500 IN

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, WHOLE GRAIN WHEAT FLOUR, YEAST, SUGAR, BULGUR, WHEAT GLUTEN, SORGHUM, BUCKWHEAT, BROWN RICE, SOYBEAN OIL, SUNFLOWER SEEDS, SALT, RED QUINOA, BROWN FLAX, PALM OIL, CHIA SEEDS, SPELT, MONO- AND DIGLYCERIDES, AMARANTH, TEFF, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, SODIUM STEAROYL LACTYLATE, NATURAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE, CALCIUM SULFATE, WHEAT STARCH, CITRIC ACID, SUNFLOWER LECITHIN, ASCORBIC ACID.

**Contains wheat ingredients.**

## Nutrition Facts

13 Servings per container

Serving size

1 slice (26g)

Amount per serving

**CALORIES**

**80**

	% of Daily Value*
<b>Total Fat 1.5g</b>	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat	
0.5g	
Monounsaturated Fat	
0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 105mg</b>	<b>5%</b>
<b>Total Carbohydrate 13g</b>	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Soluble Fiber 0g	
Insoluble Fiber 1g	
Total Sugar 2g	
Includes 2g Added	
Sugars	
<b>Protein 3g</b>	
Vitamin D 0mcg	<b>0%</b>
Calcium 40mg	<b>4%</b>
Iron 1mg	<b>6%</b>
Potassium 40mg	<b>0%</b>
Thiamine 0.1mg	<b>8%</b>
Riboflavin 0.1mg	<b>8%</b>
Niacin 1mg	<b>6%</b>
Folate 32mcg DFE (Folic Acid)	<b>8%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

*While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.*