





UPC: 71314005234

Net Weight: 16oz (1lbs 0oz) 454g

Dimensions: 11.000x4.000x4.500 IN



## **Products**

## Healthy Goodness 100% White Whole Grain Bread

With an excellent source of fiber and 14 grams of whole grains per serving, this bread is still soft and smooth.

WHOLE WHEAT FLOUR, WATER, RESISTANT CORN STARCH, YEAST, WHEAT GLUTEN, SUGAR, WHEAT DEXTRIN, SOYBEAN OIL, WHEAT STARCH, WHEAT PROTEIN ISOLATE, SALT, CALCIUM SULFATE, LACTIC ACID, NATURAL FLAVORS, CALCIUM PROPIONATE (A PRESERVATIVE), DEXTROSE, DIACETYL TARTARIC ACID ESTERS OF MONOGLYCERIDES, MONOGLYCERIDES, VINEGAR, CELLULOSE GUM, MALTODEXTRIN, CARRAGEENAN, CITRIC ACID, ASCORBIC ACID; FORTIFIED WITH VITAMIN D2 (ERGOCALCIFEROL), REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID.

Contains wheat ingredients.

## **Nutrition Facts** 10 Servings per container Serving size 2 slices (45g) **Amount per serving** 100 **CALORIES** % of Daily Value\* Total Fat 1.5g 2% Saturated Fat 0g 0% Trans Fat 0g Polyunsaturated Fat 0g Monounsaturated Fat 0g **Cholesterol 0mg** 0% Sodium 200mg 9% **Total Carbohydrate 22g** 8% Dietary Fiber 5g 18% Soluble Fiber 0g Insoluble Fiber 0g Total Sugar 3g Includes 2g Added Sugars Protein 4g Vitamin D 1mcg 6% Calcium Iron 1mg 6% Potassium 75mg 2% Thiamine 0.1mg 8% Riboflavin 0.1mg 8% Niacin 1mg 6% Folate 56mcg DFE (Folic Acid) 15% \*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.