



Our Products



Products

# Live Carb Smart Dinner Roll



Trying to watch your carbs? Now you can Live Carb Smart. Aunt Millie's Carb Smart rolls have only 1g of Net Carbs per roll.

UPC: 71314049757

Net Weight: 14oz (0lbs 14oz)  
397g

Dimensions:  
9.500x7.000x2.000 IN

WATER, RESISTANT WHEAT STARCH, WHEAT GLUTEN\*, WHEAT PROTEIN ISOLATE\*, YEAST, OAT FIBER\*, ALLULOSE\*\*, INULIN\*, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), CALCIUM SULFATE, VITAMIN D2 (ERGOCALCIFEROL), GUAR GUM, DEXTROSE\*, NATURAL FLAVOR\*, CALCIUM PHOSPHATE, ASCORBIC ACID, SORBIC ACID (A PERSERVATIVE), SOYBEAN OIL (HYDROGENATED). \*adds a trivial amount of sugar

**Contains wheat ingredients.**

**Produced on a line that processes milk ingredients.**

## Nutrition Facts

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12 Servings per container

Serving size

1 roll (33g)

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Amount per serving

**CALORIES**

**35**

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% of Daily Value\*

**Total Fat 0.5g** 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat

0g

Monounsaturated Fat

0g

**Cholesterol 0mg** 0%

**Sodium 120mg** 5%

**Total Carbohydrate 13g** 5%

Dietary Fiber 11g 39%

Soluble Fiber 1g

Insoluble Fiber 10g

Total Sugar 0g

Includes 0g Added

Sugars

**Protein 4g**

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Vitamin D 1mcg 6%

Calcium

Iron 0mg 0%

Potassium 20mg 0%

Thiamine

Riboflavin

Niacin

Folate (Folic Acid)

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\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

*While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.*