



Our Products



Products

Sophia's 7" Greek Flat Bread



Great tasting and nutritious, this pita bread is baked with whole wheat flour and makes for unique, flavorful sandwiches.

UPC: 70985201501

Net Weight: 15oz (425g)

Dimensions:

ENRICHED MALTED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, CANOLA AND/ OR SOYBEAN OIL, SUGAR, VITAL WHEAT GLUTEN, YEAST, GUAR GUM, SALT, DEXTROSE, SODIUM BICARBONATE, MONOGLYCERIDES, FUMERIC ACID, SODIUM ALUMINUM PHOSPHATE, POTASSIUM SORBATE, SODIUM ACID PYROPHOSPHATE, CALCIUM PROPIONATE.

Contains wheat ingredients.

Nutrition Facts

5 Servings per container

Serving size

1 Pita (85g)

Amount per serving

CALORIES

230

% of Daily Value*

Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol 0mg	0%
Sodium 410mg	17%
Total Carbohydrate 42g	14%
Dietary Fiber 1g	4%
Soluble Fiber	
Insoluble Fiber	
Total Sugar 3g	
Includes Added	

Sugars

Protein 8g

Vitamin D	
Calcium	2%
Iron	15%
Potassium	
Thiamine	30%
Riboflavin	15%
Niacin	15%
Folate (Folic Acid)	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.