



Our Products



### Products

# Sophia's 7" Greek Whole Wheat Flat Bread



This flat bread is delicious! Made with whole wheat flour, it's great for customers who want to indulge in their favorite foods and still keep healthy.

UPC: 70985202508

Net Weight: 15oz (425g)

Dimensions:

WHOLE WHEAT FLOUR, WATER, VITAL WHEAT GLUTEN, YEAST, GUAR GUM, SALT, CANOLA AND/OR SOYBEAN OIL, SUGAR, DEXTROSE, SODIUM BICARBONATE, MONOGLYCERIDES, FUMERIC ACID, SODIUM ALUMINUM PHOSPHATE, POTASSIUM SORBATE, SODIUM ACID PYROPHOSPHATE, CALCIUM PROPIONATE.

**Contains wheat ingredients.**

## Nutrition Facts

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5 Servings per container

Serving size

1 Pita (85g)

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Amount per serving

**CALORIES**

**230**

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% of Daily Value\*

<b>Total Fat 4g</b>	<b>6%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat	
Monounsaturated Fat	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 410mg</b>	<b>17%</b>
<b>Total Carbohydrate 42g</b>	<b>14%</b>
Dietary Fiber 3g	<b>12%</b>
Soluble Fiber	
Insoluble Fiber	
Total Sugar 3g	
Includes Added	

Sugars

**Protein 7g**

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Vitamin D	
Calcium	<b>2%</b>
Iron	<b>15%</b>
Potassium	
Thiamine	<b>25%</b>
Riboflavin	<b>15%</b>
Niacin	<b>15%</b>
Folate (Folic Acid)	

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\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

*While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.*