



Our Products



Products

Sophia's 8" Old World Thin Pocket Pita



This 8" pocket pita is the best pita bread for sandwiches and falafels. It's easy to stuff full of your favorite meats and veggies, making for a special dinner or lunch.

UPC: 70985203505

Net Weight: 12oz (340g)

Dimensions:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN), WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, MALT, SALT, CALCIUM PROPIONATE (TO PRESERVE FRESHNESS).

Contains wheat ingredients.

Nutrition Facts

12 Servings per container

Serving size

1/2 Pita (28g)

Amount per serving

CALORIES

70

% of Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	5%
Soluble Fiber	
Insoluble Fiber	
Total Sugar 1g	
Includes Added	

Sugars

Protein 3g

Vitamin D	
Calcium	4%
Iron	4%
Potassium	
Thiamine	1%
Riboflavin	2%
Niacin	8%
Folate (Folic Acid)	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.