



Blueberry Bagels



UPC: 071314069205

Net Weight: 20oz (1lbs 4oz)
567g

Specifications

Count:
6 / 20 oz.

Dimensions:
9" L x 4.5" W x 4.5" H

Availability:
Monday, Friday

A classic blueberry bagel that offers the traditional chewy texture. Smear your favorite jams, jellies, butters, or cheeses for a great breakfast.



No high
fructose corn
syrup



Zero grams of
trans fats

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: DEXTROSE, WHEAT FLOUR, SALT, DEGERMINATED YELLOW CORN MEAL, SOYBEAN OIL, CALCIUM PROPIONATE (A PRESERVATIVE), GUAR GUM, SODIUM STEAROYL LACTYLATE, MEDIUM CHAIN TRIGLYCERIDES, MONOGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, CITRIC ACID (PRESERVATIVE), SORBIC ACID (PRESERVATIVE), ENZYMES, RED 40 LAKE, HYDROGENATED SOYBEAN OIL, BLUE 2 LAKE, DRIED BLUEBERRIES (BLUEBERRIES, MALTODEXTRIN, CORN STARCH), BLUE 1 LAKE, RED 40, ASCORBIC ACID (PRESERVATIVE).

Contains wheat ingredients.

Nutrition Facts

6 Servings per container

Serving size

1 bagel (94g)

Amount per serving

Calories

250

% of Daily Value*

Total Fat 2g	3%
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	19%
Total Carbohydrate 50g	18%
Dietary Fiber 2g	8%
Soluble Fiber g	
Insoluble Fiber g	
Total Sugar 9g	
Includes 8g Added Sugars	

Protein 10g

Vitamin D 0mcg	0%
Calcium 120mg	8%
Iron 3mg	15%
Potassium 80mg	0%
Thiamine 0.44mg	35%
Riboflavin 0.31mg	25%
Niacin 3.8mg	25%
Folate (Folic Acid)	45%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

