





Cinnamon Raisin English Muffins

An easy breakfast classic, loaded with plump sweet raisins and swirled with cinnamon. Add cream cheese and jam, or even honeybaked ham to feel extra fancy.









UPC: 071314007207

Net Weight: 12oz (Olbs 12oz) 340g

Specifications

Count:

6 / 12 oz.

Dimensions:

11" L x 4" W x 2" H

Availability:

Thursday

Ingredients

syrup

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, RAISINS, WHOLE WHEAT FLOUR, YEAST, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF: SUGAR, CALCIUM PPROPIONATE AND POTASSIUM SORBATE (PRESERVATIVES), FUMARIC ACID, GROUND CINNAMON, SOYBEAN OIL, YELLOW CORN FLOUR, YELLOW CORNMEAL, RAISIN JUICE CONCENTRATE, DATEM, CALCIUM SILICATE, SALT, ENZYMES, VINEGAR.

Contains wheat ingredients. May contain sesame seeds.

Nutrition Facts

6 Servings per container

Serving size 1 muffin (57g)

Amount per serving

Calories 130

% of Daily Value*

0%

Total Fat 1g 1%

Saturated Fat 0g Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0% Sodium 190mg 8%

Total Carbohydrate 26g 9% Dietary Fiber 1g 4%

> Soluble Fiber 0g Insoluble Fiber 1g

Total Sugar 5g

Includes 1g Added Sugars

Protein 4g

Vitamin D 0mcg	0%
Calcium 51mg	4%
Iron 1mg	6%
Potassium 89mg	2%
Thiamine 0.3mg	25%
Riboflavin 0.1mg	8%
Niacin 2mg	15%
Folate (Folic Acid)	15%

