



Cracked Wheat with Whole Grain Bread



UPC: 071314102216

Net Weight: 22oz (1lbs 6oz)
624g

Specifications

Count:
20 / 22 oz.

Dimensions:
11" L x 4.75" W x 4.5" H

Availability:
Monday, Tuesday, Thursday,
Friday, Saturday

Whole grain and crushed wheat create a hearty, homestyle whole grain bread that is loaded with soft, wholesome deliciousness—soup and sandwich combo, anyone?



No high
fructose corn
syrup



Zero grams of
trans fats

Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, WHOLE GRAIN WHEAT FLOUR, CRUSHED WHEAT, YEAST, SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF SOYBEAN OIL, WHEAT BRAN, BUTTERMILK, SALT, MONOGLYCERIDES, CULTURED WHEAT FLOUR, VINEGAR, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, ASCORBIC ACID, WHEAT STARCH, CITRIC ACID, SESAME; MAY BE TOPPED WITH WHOLE GRAIN WHEAT FLOUR.

Contains wheat, milk, and sesame ingredients.

Nutrition Facts

20 Servings per container

Serving size 1 slice (31g)

Amount per serving

Calories 80

% of Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 130mg 6%

Total Carbohydrate 15g 5%

Dietary Fiber 1g 4%

Soluble Fiber 0g

Insoluble Fiber 1g

Total Sugar 2g

Includes 1g Added Sugars

Protein 3g

Vitamin D 0mcg 0%

Calcium 40mg 4%

Iron 0.8mg 4%

Potassium 60mg 2%

Thiamine 0.12mg 10%

Riboflavin 0.07mg 6%

Niacin 1.1mg 6%

Folate (Folic Acid) 8%

