



UPC: 071314102216

Net Weight: 22oz (11lbs 6oz) 624g

Specifications

Count:
20 / 22 oz.

Dimensions:
11" L x 4.75" W x 4.5" H

Availability:
Monday, Tuesday, Thursday, Friday,
Saturday



Cracked Wheat with Whole Grain Bread

Whole grain and crushed wheat create a hearty, homestyle whole grain bread that is loaded with soft, wholesome deliciousness—soup and sandwich combo, anyone?



No high
fructose corn
syrup



Zero grams of
trans fats

Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, WHOLE GRAIN WHEAT FLOUR, CRUSHED WHEAT, YEAST, SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF SOYBEAN OIL, WHEAT BRAN, BUTTERMILK, SALT, MONOGLYCERIDES, CULTURED WHEAT FLOUR, VINEGAR, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, ASCORBIC ACID, WHEAT STARCH, CITRIC ACID, SESAME; MAY BE TOPPED WITH WHOLE GRAIN WHEAT FLOUR.

Contains wheat, milk, and sesame ingredients.

Nutrition Facts

20 Servings per container

Serving size 1 slice (31g)

Amount per serving

Calories 80

	% of Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Soluble Fiber 0g	
Insoluble Fiber 1g	
Total Sugar 2g	
Includes 1g Added Sugars	
Protein 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.8mg	4%
Potassium 60mg	2%
Thiamine 0.12mg	10%
Riboflavin 0.07mg	6%
Niacin 1.1mg	6%
Folate (Folic Acid)	8%

