



Everything & More Bagels



UPC: 071314069168

Net Weight: 20oz (1lbs 4oz)
567g

Specifications

Count:
6 / 20 oz.

Dimensions:
9" L x 4.5" W x 4.5" H

Availability:
Monday, Friday

A pre-sliced bagel loaded with everything on it. This bagel has sesame, poppy, onion, garlic, caraway, and salt. It will delight anyone who craves a flavorful punch.



Zero grams of
trans fats

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SESAME SEEDS, DEHYDRATED TOASTED ONION, WHEAT GLUTEN, SALT, POPPY SEEDS, CALCIUM PROPIONATE (A PRESERVATIVE), GUAR GUM, DEHYDRATED GARLIC, SOYBEAN OIL, WHEAT FLOUR, SODIUM STEAROYL LACTYLATE, MONOGLYCERIDES, CITRIC ACID (A PRESERVATIVE), SORBIC ACID (A PRESERVATIVE), ENZYMES, HYDROGENATED SOYBEAN OIL, ASCORBIC ACID (A PRESERVATIVE).

Contains wheat and sesame ingredients.

Nutrition Facts

6 Servings per container

Serving size

1 bagel (94g)

Amount per serving

Calories

260

% of Daily Value*

Total Fat 3g	4%
Saturated Fat 0.5g	4%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	0%
Sodium 480mg	21%
Total Carbohydrate 51g	19%
Dietary Fiber 3g	9%
Soluble Fiber g	
Insoluble Fiber g	
Total Sugar 5g	
Includes 4g Added Sugars	

Protein 9g

Vitamin D 0mcg	0%
Calcium 160mg	10%
Iron 3mg	15%
Potassium 110mg	2%
Thiamine 0.44mg	35%
Riboflavin 0.29mg	25%
Niacin 3.7mg	25%
Folate (Folic Acid)	45%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

