



## Everything & More Bagels



UPC: 071314069168

Net Weight: 20oz (1lbs 4oz)  
567g

### Specifications

**Count:**  
6 / 20 oz.

**Dimensions:**  
9" L x 4.5" W x 4.5" H

**Availability:**  
Tuesday, Saturday

Sesame, poppy, onion, garlic, caraway, salt and—everything. From breakfast sandwiches to plain cream cheese, these robust bagels will knock your socks off.



No high  
fructose corn  
syrup



Zero grams of  
trans fats

### Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, CONTAINS LESS THAN 2% OF: SESAME SEEDS, DEHYDRATED TOASTED ONION, WHEAT GLUTEN, SALT, POPPY SEEDS, CALCIUM PROPIONATE (A PRESERVATIVE), GUAR GUM, DEHYDRATED GARLIC, SOYBEAN OIL, WHEAT FLOUR, SODIUM STEAROYL LACTYLATE, MONOGLYCERIDES, CITRIC ACID (A PRESERVATIVE), SORBIC ACID (A PRESERVATIVE), ENZYMES, HYDROGENATED SOYBEAN OIL, DEGERMINATED YELLOW CORNMEAL, ASCORBIC ACID.

**CONTAINS: WHEAT, SESAME SEEDS. MANUFACTURED ON EQUIPMENT THAT PROCESSES SOY**

### Nutrition Facts

6 Servings per container

Serving size 1 bagel (94g)

Amount per serving

**Calories 260**

% of Daily Value\*

**Total Fat 3g** 4%  
Saturated Fat 0.5g 4%  
Trans Fat 0g  
Polyunsaturated Fat 1.5g  
Monounsaturated Fat 0.5g

**Cholesterol 0mg** 0%

**Sodium 480mg** 21%

**Total Carbohydrate 51g** 19%

Dietary Fiber 3g 9%

Soluble Fiber g

Insoluble Fiber g

Total Sugar 5g

Includes 4g Added Sugars

**Protein 9g**

Vitamin D 0mcg 0%

Calcium 160mg 10%

Iron 3.1mg 15%

Potassium 110mg 2%

Thiamine 0.44mg 35%

Riboflavin 0.29mg 25%

Niacin 3.7mg 25%

Folate (Folic Acid) 45%

