



Half Loaf Ancient Grains Bread



UPC: 071314043458

Net Weight: 12oz (0lbs 12oz)
340g

Specifications

Count:
12 + 1/12 oz.

Dimensions:
7.75" L x 4" W x 4" H

Availability:
Monday, Friday

This Ancient Grains Bread includes 10 ancient grains: Sorghum, Buckwheat, Brown Rice, Sunflower Seeds, Brown Flax, Chia Seeds, Spelt, Quinoa, Teff and Amaranth.



No high
fructose corn
syrup



Zero grams of
trans fats



Pareve

Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, WHOLE GRAIN WHEAT FLOUR, YEAST, SUGAR, BULGUR, WHEAT GLUTEN, SORGHUM, BUCKWHEAT, BROWN RICE, SOYBEAN OIL, SUNFLOWER SEEDS, SALT, RED QUINOA, BROWN FLAX, CHIA SEEDS, SPELT, AMARANTH, TEFF, CALCIUM PROPIONATE (A PRESERVATIVE), MONOGLYCERIDES, VINEGAR, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, WHEAT STARCH, CITRIC ACID, ASCORBIC ACID, SESAME.

Contains wheat and sesame ingredients.

Nutrition Facts

13 Servings per container

Serving size

1 slice (26g)

Amount per serving

Calories

70

% of Daily Value*

Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Soluble Fiber 0g	
Insoluble Fiber 1g	
Total Sugar 2g	
Includes 2g Added Sugars	

Protein 3g

Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 40mg	0%
Thiamine 0.1mg	8%
Riboflavin 0.1mg	8%
Niacin 1mg	6%
Folate (Folic Acid)	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

