



Half Loaf Ancient Grains Bread



UPC: 071314043458

Net Weight: 12oz (0lbs 12oz)
340g

Specifications

Count:
12 + 1/12 oz.

Dimensions:
7.75" L x 4" W x 4" H

Availability:
Tuesday, Saturday

Ten old school grains, including sorghum, buckwheat, chia seeds, spelt, quinoa, teff and amaranth deliver rich texture and flavor—in a convenient half loaf



No high fructose corn syrup



Zero grams of trans fats



Pareve

Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, WHOLE GRAIN WHEAT FLOUR, YEAST, SUGAR, BULGUR, WHEAT GLUTEN, SORGHUM, BUCKWHEAT, BROWN RICE, SOYBEAN OIL, SUNFLOWER SEEDS, SALT, RED QUINOA, BROWN FLAX, CHIA SEEDS, SPELT, AMARANTH, TEFF, CALCIUM PROPIONATE (A PRESERVATIVE), MONOGLYCERIDES, VINEGAR, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, WHEAT STARCH, CITRIC ACID, ASCORBIC ACID, SESAME.

Contains wheat and sesame ingredients.

Nutrition Facts

13 Servings per container

Serving size 1 slice (26g)

Amount per serving

Calories 70

% of Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 115mg 5%

Total Carbohydrate 14g 5%

Dietary Fiber 1g 4%

Soluble Fiber 0g

Insoluble Fiber 1g

Total Sugar 2g

Includes 2g Added Sugars

Protein 3g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 1mg 6%

Potassium 40mg 0%

Thiamine 0.1mg 8%

Riboflavin 0.1mg 8%

Niacin 1mg 6%

Folate (Folic Acid) 8%

