





Half Loaf Hearty Oat



UPC: 071314043502

Net Weight: 12oz (Olbs 12oz) 340g

Specifications

Count:

12 + 1 / 12 oz.

Dimensions: 7.75" L x 4" W x 4" H

Availability:

Monday, Friday

Perfect for smaller households, this classic Hearty Oat Bread has great taste and a full-size slice, but fewer slices for less waste.



syrup





Parev

Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, OAT FLAKES, SUGAR, YEAST, WHEAT GLUTEN, SOYBEAN OIL, MOLASSES, BULGUR WHEAT, SORGHUM, BUCKWHEAT, BROWN RICE, SALT, SUNFLOWER, RED QUINOA, BROWN FLAXSEEDS, CHIA SEEDS, SPELT, AMARANTH, TEFF, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, SODIUM STEAROYL LACTYLATE, WHEAT STARCH, DEXTROSE, NATURAL FLAVOR, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME; TOPPED WITH ROLLED OATS.

Contains wheat and sesame ingredients.

Nutrition Facts

13 Servings per container

Serving size 1 slice (26g)

Amount per serving

Calories 70

% of Daily Value*

4%

Total Fat 1g 1%
Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g Monounsaturated Fat 0g

 Cholesterol 0mg
 0%

 Sodium 110mg
 5%

 Total Carbohydrate 13g
 5%

Dietary Fiber 1g
Soluble Fiber 0g

Insoluble Fiber 0g

Total Sugar 1g

Includes 1g Added Sugars

Protein 2g

Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1mg	6%
Potassium 30mg	0%
Thiamine 0.1mg	8%
Riboflavin 0.1mg	8%
Niacin 1mg	6%
Folate (Folic Acid)	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

