





Half Loaf Honey 7 Grains Bread



UPC: 071314043489

Net Weight: 12oz (Olbs 12oz) 340g

Specifications

Count: 13 / 12 oz.

Dimensions: 7.75" L x 4" W x 4" H

Availability: Monday, Friday Wheat, rice, rye, oat, barley, corn and millet—lightly sweetened with real honey. Full heartiness and rich flavor—half-sized loaf, totally awesome.



syrup





Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, YEAST, HONEY, WHEAT GLUTEN, RICE FLOUR, ROLLED OATS, SOYBEAN OIL, RYE MEAL, SALT, WHEAT BRAN, BARLEY FLAKES, WHOLE GRAIN MILLET, CALCIUM PROPIONATE (A PRESERVATIVE), YELLOW CORN MEAL, WHOLE GRAIN TRITICALE, MONOGLYCERIDES, VINEGAR, WHEAT STARCH, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, ASCORBIC ACID, SESAME; TOPPED WITH ROLLED OATS.

Contains wheat and sesame ingredients.

Nutrition Facts

13 Servings per container

Serving size 1 slice (26g)

Amount per serving

Calories

% of Daily Value*

70

0%

Total Fat 1g 1%

Saturated Fat 0g Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0% Sodium 110mg 5%

Total Carbohydrate 13g 5% Dietary Fiber 1g 4%

> Soluble Fiber 0g Insoluble Fiber 0g

Total Sugar 1g

Includes 1g Added Sugars

Protein 2g

Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1mg	6%
Potassium 30mg	0%
Thiamine 0.1mg	8%
Riboflavin 0.1mg	8%
Niacin 1mg	6%
Folate (Folic Acid)	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

