



## Half Loaf Honey 7 Grains Bread

Wheat, rice, rye, oat, barley, corn and millet—lightly sweetened with real honey. Full heartiness and rich flavor—half-sized loaf, totally awesome.



UPC: 071314043489

Net Weight: 12oz (0lbs 12oz) 340g

## Specifications

**Count:**  
13 / 12 oz.

**Dimensions:**  
7.75" L x 4" W x 4" H

**Availability:**  
Tuesday, Saturday



No high  
fructose corn  
syrup



Zero grams of  
trans fats



Pareve

## Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, YEAST, HONEY, WHEAT GLUTEN, RICE FLOUR, ROLLED OATS, SOYBEAN OIL, RYE MEAL, SALT, WHEAT BRAN, BARLEY FLAKES, WHOLE GRAIN MILLET, CALCIUM PROPIONATE (A PRESERVATIVE), YELLOW CORN MEAL, WHOLE GRAIN TRITICALE, MONOGLYCERIDES, VINEGAR, WHEAT STARCH, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, ASCORBIC ACID, SESAME; TOPPED WITH ROLLED OATS.

Contains wheat and sesame ingredients.

## Nutrition Facts

13 Servings per container

Serving size

1 slice (26g)

Amount per serving

**Calories** **70**

	% of Daily Value*
<b>Total Fat 1g</b>	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 110mg</b>	<b>5%</b>
<b>Total Carbohydrate 13g</b>	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Soluble Fiber 0g	
Insoluble Fiber 0g	
Total Sugar 1g	
Includes 1g Added Sugars	
<b>Protein 2g</b>	
Vitamin D 0mcg	<b>0%</b>
Calcium 40mg	<b>4%</b>
Iron 1mg	<b>6%</b>
Potassium 30mg	<b>0%</b>
Thiamine 0.1mg	<b>8%</b>
Riboflavin 0.1mg	<b>8%</b>
Niacin 1mg	<b>6%</b>
Folate (Folic Acid)	<b>10%</b>

