



## Live Carb Smart® Hamburger Buns



UPC: 071314049733

Net Weight: 14oz (0lbs 14oz)  
397g

### Specifications

**Count:**  
8 / 14 oz.

**Dimensions:**  
7" L x 7" W x 3.5" H

**Availability:**  
Monday, Thursday, Saturday

Deliciously soft classic-style buns—  
and just 3g net carbs per serving.  
Add your favorite keto-friendly  
burger or sandwich fixings for a  
guilt-free good time.



No high  
fructose corn  
syrup



Zero grams of  
trans fats



Pareve

### Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, WHEAT PROTEIN ISOLATE†, OAT FIBER†, ALLULOSE, CONTAINS 2% OR LESS OF INULIN†, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, SORBIC ACID (A PRESERVATIVE), NATAMYCIN (A PRESERVATIVE), SESAME. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

Produced on a line that processes milk ingredients.

### Nutrition Facts

8 Servings per container

Serving size 1 bun (50g)

Amount per serving

**Calories 50**

% of Daily Value\*

**Total Fat 1.5g** 2%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 0g

**Cholesterol 0mg** 0%

**Sodium 240mg** 10%

**Total Carbohydrate 21g** 8%

Dietary Fiber 18g 64%

Soluble Fiber 0g

Insoluble Fiber 17g

Total Sugar 0g

Includes 0g Added Sugars

**Protein 6g**

Vitamin D 0mcg 0%

Calcium 40mg 4%

Iron 0.6mg 4%

Potassium 80mg 2%

