



Live Carb Smart® Hamburger Buns



UPC: 071314049733

Net Weight: 14oz (0lbs 14oz)
397g

Specifications

Count:
8 / 14 oz.

Dimensions:
7" L x 7" W x 3.5" H

Availability:
Tuesday, Friday

Deliciously soft classic-style buns—and just 3g net carbs per serving. Add your favorite keto-friendly burger or sandwich fixings for a guilt-free good time.



No high fructose corn syrup



Zero grams of trans fats



Pareve

Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, WHEAT PROTEIN ISOLATE†, OAT FIBER†, ALLULOSE, CONTAINS 2% OR LESS OF INULIN†, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, SORBIC ACID (A PRESERVATIVE), NATAMYCIN (A PRESERVATIVE), SESAME. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

Produced on a line that processes milk ingredients.

Nutrition Facts

8 Servings per container

Serving size 1 bun (50g)

Amount per serving

Calories 50

	% of Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 21g	8%
Dietary Fiber 18g	64%
Soluble Fiber 0g	
Insoluble Fiber 17g	
Total Sugar 0g	
Includes 0g Added Sugars	
Protein 6g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.6mg	4%
Potassium 80mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

