





UPC: 071314049801

Net Weight: 14oz (Olbs 14oz) 397g

# **Specifications**

# Count: 12 / 14 or

12 / 14 oz.

**Dimensions:** 9.5" L x 7" W x 1.75" H

**Availability:** Friday







## Live Carb Smart® Hawaiian Dinner Rolls

Sweet, fluffy and perfect for pulled pork and grilled pineapple or any other exotic treat—with just 3g net carbs per serving. Keto-friendly. Hula-worthy.







# Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN, YEAST, WHEAT PROTEIN ISOLATE, HONEY, SUGAR, OAT FIBER, CONTAINS 2% OR LESS OF INULIN, SOYBEAN OIL, ALLULOSE, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), MEDIUM CHAIN TRIGLYCERIDES, NATURAL FLAVORS, YELLOW CORN FLOUR, ANNATTO EXTRACT AND TURMERIC ADDED FOR COLOR, POTASSIUM CHLORIDE, GUAR GUM, WHEAT FLOUR, ASCORBIC ACID, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), DEXTROSE, CORN STARCH, ARTIFICIAL FLAVOR, NATAMYCIN (A PRESERVATIVE), SESAME.

Contains wheat and sesame ingredients.

### **Nutrition Facts**

12 Servings per container

Serving size 1 roll (33g)

Amount per serving

Calories

% of Daily Value\*

45

Total Fat 1g 1%
Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 150mg 7%

Total Carbohydrate 14g 5%

Dietary Fiber 11g 39%

Soluble Fiber 0g

Insoluble Fiber 10g

Total Sugar 2g

Includes 2g Added Sugars

Protein 4g

 Vitamin D 0mcg
 0%

 Calcium 30mg
 2%

 Iron 0.4mg
 2%

 Potassium 50mg
 2%

