





Live Carb Smart® Honey Wheat Bread



UPC: 071314049696

Net Weight: 14oz (Olbs 14oz) 397g

Specifications

Count:

14 (12+2) / 14 oz.

Dimensions:

8" L x 4" W x 4" H

Availability:

Tuesday, Friday

Trying to watch your carbs? Now you can Live Carb Smart®.



fructose corn syrup





Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN*, YEAST, HONEY*, WHEAT PROTEIN ISOLATE*, OAT FIBER*, INULIN*, WHEAT BRAN, SUGAR, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), GUAR GUM, POTASSIUM CHLORIDE, WHEAT STARCH, DEXTROSE*, NATURAL FLAVOR*, CORN STARCH, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), SESAME. *adds a trivial amount of sugar

Contains wheat and sesame ingredients.

Nutrition Facts

14 Servings per container

Serving size 1 slice (28g)

Amount per serving

Calories 35

% of Daily Value*

36%

Total Fat 0.5g 1% Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0.5g Monounsaturated Fat 0g

Cholesterol 0mg 0% Sodium 125mg 5% **Total Carbohydrate 13g** 5%

> Dietary Fiber 10g Soluble Fiber 0g

> > Insoluble Fiber 10g

Total Sugar 2g

Includes 0g Added Sugars

Protein 4g

Vitamin D 0mcg 0% Calcium 20 2% Iron 0.5 4% Potassium 50mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

