



## Live Carb Smart® Honey Wheat Bread



UPC: 071314049696

Net Weight: 14oz (0lbs 14oz)  
397g

### Specifications

**Count:**  
14 (12+2) / 14 oz.

**Dimensions:**  
8" L x 4" W x 4" H

**Availability:**  
Thursday, Saturday

Sweet honey goodness and just 3 net carbs per slice—the perfect start to that low-carb, “gonna get back into those skinny jeans” meal plan.



No high fructose corn syrup



Zero grams of trans fats



Pareve

### Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN, YEAST, WHEAT PROTEIN ISOLATE, HONEY, SUGAR, OAT FIBER, CONTAINS 2% OR LESS OF INULIN, WHEAT BRAN, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), ASCORBIC ACID, POTASSIUM CHLORIDE, GUAR GUM, WHEAT STARCH, DEXTROSE, CORN STARCH, NATURAL FLAVOR, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), NATAMYCIN (A PRESERVATIVE), SESAME.

Contains wheat and sesame ingredients.

### Nutrition Facts

14 Servings per container

Serving size 1 slice (28g)

Amount per serving

**Calories 35**

	% of Daily Value*
<b>Total Fat 0.5g</b>	<b>1%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 110mg</b>	<b>5%</b>
<b>Total Carbohydrate 12g</b>	<b>4%</b>
Dietary Fiber 9g	<b>32%</b>
Soluble Fiber 0g	
Insoluble Fiber 9g	
Total Sugar 2g	
Includes 2g Added Sugars	
<b>Protein 3g</b>	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 50mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

