



UPC: 071314049696

Net Weight: 14oz (Olbs 14oz) 397g

Specifications

Count: 14 (12+2) / 14

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Dimensions: 8" L x 4" W x 4" H

Availability: Thursday, Saturday







Live Carb Smart® Honey Wheat Bread

Sweet honey goodness and just 3 net carbs per slice the perfect start to that low-carb, "gonna get back into those skinny jeans" meal plan.







Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN, YEAST, WHEAT PROTEIN ISOLATE, HONEY, SUGAR, OAT FIBER, CONTAINS 2% OR LESS OF INULIN, WHEAT BRAN, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), ASCORBIC ACID, POTASSIUM CHLORIDE, GUAR GUM, WHEAT STARCH, DEXTROSE, CORN STARCH, NATURAL FLAVOR, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), NATAMYCIN (A PRESERVATIVE), SESAME.

Contains wheat and sesame ingredients.

Nutrition Facts

14 Servings per container

Serving size 1 slice (28g)

Amount per serving

Calories

% of Daily Value*

35

Total Fat 0.5g 1%
Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0% Sodium 110mg 5%

Total Carbohydrate 12g 4%

Dietary Fiber 9g 32%

Soluble Fiber 0g

Insoluble Fiber 9g

Total Sugar 2g

Includes 2g Added Sugars

Protein 3g

 Vitamin D 0mcg
 0%

 Calcium 20mg
 2%

 Iron 0.4mg
 2%

 Potassium 50mg
 2%

