



Live Carb Smart® Cinnamon English Muffins

A carefully selected blend of carb-cutting ingredients and swirls of sweet cinnamon deliciousness—these guilt-free treats beat the daylights out of rice cakes.



UPC: 071314049832

Net Weight: 10.5oz (0lbs 10.5oz) 298g

Specifications

Count:
6 / 10.5 oz.

Dimensions:
11.25" L x 4" W x 2.25" H

Availability:
Thursday



No high
fructose corn
syrup



Zero grams of
trans fats



Pareve

Ingredients

MODIFIED WHEAT STARCH, WHEAT PROTEIN ISOLATE, INULIN, OAT FIBER, WATER, CINNAMON FLAVOR BITS (SUGAR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], YELLOW CORN FLOUR, CINNAMON, SOYBEAN OIL), WHEAT GLUTEN, YEAST, YELLOW CORNMEAL, SUGAR, WHEAT PROTEIN, CULTURED WHEAT FLOUR, SALT, VINEGAR, POTASSIUM SORBATE (PRESERVATIVE), FUMARIC ACID, NATAMYCIN (PRESERVATIVE), ASCORBIC ACID.

Contains wheat ingredients.

Nutrition Facts

6 Servings per container

Serving size 1 muffin (50g)

Amount per serving

Calories 90

	% of Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 8g	29%
Soluble Fiber 1g	
Insoluble Fiber 7g	
Total Sugar 2g	
Includes 2g Added Sugars	
Protein 8g	
Vitamin D 0mcg	0%
Calcium 85mg	6%
Iron 0.9mg	6%
Potassium 45mg	0%

