



UPC: 071314049689

Net Weight: 14oz (Olbs 14oz) 397g

## Specifications

**Count:** 14 (12+2) / 14 oz.

**Dimensions:** 8" L x 4" W x 4" H

Availability: Monday, Thursday, Saturday



## Live Carb Smart<sup>®</sup> Sourdough Bread

Deliciously soft bread with a nice sourdough punch and just 3g net carbs per serving. Talk about a guilt-free treat.



Zero grams of trans fats



## Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, FERMENTED WHEAT FLOUR, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS 2% OR LESS OF INULIN†, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, WHEAT STARCH, SORBIC ACID (A PRESERVATIVE), DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, NATAMYCIN (A PRESERVATIVE), SESAME FLOUR. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

14 Servings per container	
Serving size	1 slice (28g
Amount per serving	
Calories	35
	% of Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 12g	4%
Dietary Fiber 9g	32%
Soluble Fiber 0g	
Insoluble Fiber 9g	
Total Sugar 0g	
Includes 0g Added Su	ugars
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 50mg	2%

