



UPC: 071314049689

Net Weight: 14oz (Olbs 14oz) 397g

Specifications

Count: 14 (12+2) / 14 oz.

Dimensions: 8" L x 4" W x 4" H

Availability:

Monday, Thursday, Saturday







Live Carb Smart® Sourdough Bread

Deliciously soft bread with a nice sourdough punch and just 3g net carbs per serving. Talk about a guilt-free treat.







Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, FERMENTED WHEAT FLOUR, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS 2% OR LESS OF INULIN†, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, WHEAT STARCH, SORBIC ACID (A PRESERVATIVE), DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, NATAMYCIN (A PRESERVATIVE), SESAME FLOUR. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

Nutrition Facts

14 Servings per container

Serving size 1 slice (28g)

Amount per serving

Calories

% of Daily Value*

35

0%

Total Fat 1g 1%

Trans Fat 0g

Saturated Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0% Sodium 110mg 5%

Total Carbohydrate 12g 4%

Dietary Fiber 9g 32%

Soluble Fiber 0g

Insoluble Fiber 9g

Total Sugar 0g

Includes 0g Added Sugars

Protein 4g

Vitamin D 0mcq 0% Calcium 20mg 2% Iron 0.4mg 2% Potassium 50mg 2%

