





## Live Carb Smart® Wheat Bread





UPC: 071314049702

Net Weight: 14oz (Olbs 14oz) 397g

# **Specifications**

### Count:

14 (12+2) / 14 oz.

#### **Dimensions:**

8" L x 4" W x 4" H

## **Availability:**

Monday, Thursday, Saturday

Hearty wheat flavor with just 2g net cabs per slice for an "OMG, I love this bread" experience that rivals the "real breads" carb addicts like to brag about.







# Ingredients

WATER, RESISTANT WHEAT STARCH, WHEAT GLUTENT, YEAST, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS 2% OR LESS OF INULIN†, WHEAT BRAN, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), WHEAT STARCH, DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, NATAMYCIN (A PRESERVATIVE), SESAME. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

### **Nutrition Facts**

14 Servings per container

Serving size 1 slice (28g)

Amount per serving

**Calories** 

% of Daily Value\*

30

1%

Total Fat 0.5g

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol 0mg** 0%

Sodium 110mg 5%

**Total Carbohydrate 11g** 4% Dietary Fiber 9g 32%

Soluble Fiber 0g

Insoluble Fiber 9g

Total Sugar 0g

Includes 0g Added Sugars

Protein 3g

Vitamin D 0mcg 0% Calcium 20mg 2% Iron 0.4mg 2% Potassium 50mg 2%

