



Live Light Honey Wheat Bread



UPC: 071314059114

Net Weight: 20oz (1lbs 4oz)
567g

Honey wheat bread with a lightly sweet, soft texture and just 40 calories per slice—the perfect reward for going to the gym, or just thinking about joining one.



No high fructose corn syrup



Zero grams of trans fats



Pareve

Specifications

Count:
24 / 20 oz.

Dimensions:
11.5" L x 4.5" W x 4.25" H

Availability:
Tuesday, Saturday

Ingredients

WATER, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WHOLE GRAIN WHEAT FLOUR, WHEAT GLUTEN, RESISTANT WHEAT STARCH, OAT FIBER, YEAST, HONEY, POLYDEXTROSE (DIETARY FIBER), WHEAT PROTEIN ISOLATE, SALT, GUAR GUM, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, POTASSIUM CHLORIDE, MONOGLYCERIDES, WHEAT STARCH, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), CITRIC ACID, SESAME.

Contains wheat and sesame ingredients.

Nutrition Facts

12 Servings per container

Serving size

2 slices (47g)

% of Daily Value*

Total Fat 0.5g	1%	0g	0%
Saturated Fat	0g	0%	0%
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol 0mg	0%	0mg	0%
Sodium 200mg	9%	105mg	5%
Total Carbohydrate 21g	8%	11g	4%
Dietary Fiber	8g	29%	4g
Soluble Fiber	0g		
Insoluble Fiber	7g		
Total Sugar	2g		
Protein 5g			
Vitamin D		0mcg	
Calcium		45mg	
Iron		1mg	
Potassium		90mg	
Riboflavin		0.1mg	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

