



Live Light Honey Wheat Bread



UPC: 071314059114

Net Weight: 20oz (1lbs 4oz)
567g

Specifications

Count:
24 / 20 oz.

Dimensions:
11.5" L x 4.5" W x 4.25" H

Availability:
Tuesday, Saturday

Honey wheat bread with a lightly sweet, soft texture and just 40 calories per slice—the perfect reward for going to the gym, or just thinking about joining one.



No high
fructose corn
syrup



Zero grams of
trans fats



Pareve

Ingredients

WATER, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WHOLE GRAIN WHEAT FLOUR, WHEAT GLUTEN, RESISTANT WHEAT STARCH, OAT FIBER, YEAST, HONEY, POLYDEXTROSE (DIETARY FIBER), WHEAT PROTEIN ISOLATE, SALT, GUAR GUM, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, POTASSIUM CHLORIDE, MONOGLYCERIDES, WHEAT STARCH, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), CITRIC ACID, SESAME.

Contains wheat and sesame ingredients.

Nutrition Facts

12 Servings per container

Serving size

2 slices (47g)

% of Daily Value*

Total Fat 0.5g1% **0g0%**

Saturated Fat 0g0% **0g0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg0% **0mg0%**

Sodium 200mg9% **105mg5%**

Total Carbohydrate 21g8% **11g4%**

Dietary Fiber 8g29% **4g14%**

Soluble Fiber 0g

Insoluble Fiber 7g

Total Sugar 2g

Protein 5g

Vitamin D **0mcg**

Calcium **45mg**

Iron **1mg**

Potassium **90mg**

Riboflavin **0.1mg**

