



UPC: 071314001854

Net Weight: 20oz (1lbs 4oz) 567g

Specifications

Count:

24 / 20 oz.

Dimensions:

11.5" L x 4.5" W x 4.25" H

Availability:

Monday, Tuesday, Thursday, Friday, Saturday







Live Light Whole Grain Bread

Amazing whole grain bread with hearty flavor, great texture and just 40 teeny-tiny calories per slice. The perfect bread to keep you in those teeny-tiny jeans.







Ingredients

WATER, WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WHEAT GLUTEN, RESISTANT WHEAT STARCH, YEAST, OAT FIBER, SUGAR, POLYDEXTROSE (DIETARY FIBER), WHEAT PROTEIN ISOLATE, SALT, SOYBEAN OIL, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), CALCIUM SULFATE, SODIUM STEAROYL LACTYLATE, DATEM, SORBIC ACID, SOYBEAN OIL (HYDROGENATED), WHEAT STARCH, DEXTROSE, NATURAL FLAVOR, CITRIC ACID, NATAMYCIN (A PRESERVATIVE), CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME; TOPPED WITH OAT BRAN.

Contains wheat and sesame ingredients.

Nutrition Facts

12 Servings per container

Serving size 2 slices (47g)

% of Daily Value*

Total Fat 1g1%

0g0% Saturated Fat 0g0% 0g0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg0%

0mg0%

Sodium 210mg9%

105mg5%

Total Carbohydrate 19g7%

10g4% 4g14%

Dietary Fiber 7g25%

Soluble Fiber 0g

Insoluble Fiber 6g

Total Sugar 1g

Protein 5g

Vitamin D 0mcg Calcium 40mg Iron 1mg

Potassium Riboflavin

50mg 0.1mg

