





# Old-Fashioned White English Muffins



Enjoy the crisp edges, deep crannies and fresh-from-the-toaster bliss of a favorite breakfast classic. They're also a great midnight snack—we won't tell anyone.









UPC: 071314007245

Net Weight: 12oz (Olbs 12oz) 340g

# **Specifications**

### Count:

6 / 12 oz.

#### Dimensions:

11.25" L x 4" W x 2.25" H

### **Availability:**

Thursday, Saturday

## Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF: ASCORBIC ACID, CALCIUM PROPIONATE AND POTASSIUM SORBATE (PRESERVATIVES), FUMARIC ACID, YELLOW CORN FLOUR, YELLOW CORNMEAL, DATEM, CALCIUM SILICATE, SALT, ENZYMES, SOYBEAN OIL, SUGAR, WHEAT GLUTEN, VINEGAR.

Contains wheat ingredients. May contain sesame seeds.

### **Nutrition Facts**

6 Servings per container

Serving size 1 muffin (57g)

Amount per serving

Calories 130

% of Daily Value\*

0%

Total Fat 1g 1%

Saturated Fat 0g
Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 230mg 10%

**Total Carbohydrate 25g** 9% Dietary Fiber 1g 4%

Soluble Fiber 0g

Insoluble Fiber 0g

Total Sugar 1g

Includes 1g Added Sugars

#### Protein 4g

Vitamin D 0mcg	0%
Calcium 57mg	4%
Iron 1mg	6%
Potassium 45mg	0%
Thiamine 0.3mg	25%
Riboflavin 0.2mg	15%
Niacin 3mg	20%
Folate (Folic Acid)	25%

