



## Old-Fashioned White English Muffins



UPC: 071314007245

Net Weight: 12oz (0lbs 12oz)  
340g

### Specifications

**Count:**  
6 / 12 oz.

**Dimensions:**  
11.25" L x 4" W x 2.25" H

**Availability:**  
Thursday, Saturday

Enjoy the crisp edges, deep crannies and fresh-from-the-toaster bliss of a favorite breakfast classic. They're also a great midnight snack—we won't tell anyone.



No high  
fructose corn  
syrup



Zero grams of  
trans fats



Pareve

### Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF: ASCORBIC ACID, CALCIUM PROPIONATE AND POTASSIUM SORBATE (PRESERVATIVES), FUMARIC ACID, YELLOW CORN FLOUR, YELLOW CORNMEAL, DATEM, CALCIUM SILICATE, SALT, ENZYMES, SOYBEAN OIL, SUGAR, WHEAT GLUTEN, VINEGAR.

**Contains wheat ingredients. May contain sesame seeds.**

### Nutrition Facts

6 Servings per container

Serving size 1 muffin (57g)

Amount per serving

**Calories 130**

	% of Daily Value*
<b>Total Fat 1g</b>	<b>1%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 230mg</b>	<b>10%</b>
<b>Total Carbohydrate 25g</b>	<b>9%</b>
Dietary Fiber 1g	4%
Soluble Fiber 0g	
Insoluble Fiber 0g	
Total Sugar 1g	
Includes 1g Added Sugars	

### Protein 4g

Vitamin D 0mcg	0%
Calcium 57mg	4%
Iron 1mg	6%
Potassium 45mg	0%
Thiamine 0.3mg	25%
Riboflavin 0.2mg	15%
Niacin 3mg	20%
Folate (Folic Acid)	25%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.



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