



Old-Fashioned White English Muffins

Enjoy the crisp edges, deep crannies and fresh-from-the-toaster bliss of a favorite breakfast classic. They're also a great midnight snack—we won't tell anyone.



No high
fructose corn
syrup



Zero grams of
trans fats



Pareve

Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF: ASCORBIC ACID, CALCIUM PROPIONATE AND POTASSIUM SORBATE (PRESERVATIVES), FUMARIC ACID, YELLOW CORN FLOUR, YELLOW CORNMEAL, DATEM, CALCIUM SILICATE, SALT, ENZYMES, SOYBEAN OIL, SUGAR, WHEAT GLUTEN, VINEGAR.

Contains wheat ingredients. May contain sesame seeds.

Nutrition Facts

6 Servings per container

Serving size 1 muffin (57g)

Amount per serving

Calories 130

| | % of Daily Value* |
|-------------------------------|-------------------|
| Total Fat 1g | 1% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Polyunsaturated Fat 0g | |
| Monounsaturated Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 230mg | 10% |
| Total Carbohydrate 25g | 9% |
| Dietary Fiber 1g | 4% |
| Soluble Fiber 0g | |
| Insoluble Fiber 0g | |
| Total Sugar 1g | |
| Includes 1g Added Sugars | |
| Protein 4g | |
| Vitamin D 0mcg | 0% |
| Calcium 57mg | 4% |
| Iron 1mg | 6% |
| Potassium 45mg | 0% |
| Thiamine 0.3mg | 25% |
| Riboflavin 0.2mg | 15% |
| Niacin 3mg | 20% |
| Folate (Folic Acid) | 25% |

UPC: 071314007245

Net Weight: 12oz (0lbs 12oz) 340g

Specifications

Count:
6 / 12 oz.

Dimensions:
11.25" L x 4" W x 2.25" H

Availability:
Thursday, Saturday

