



## Seeded Rye Bread



UPC: 071314045292

Net Weight: 16oz (1lbs 0oz)  
454g

### Specifications

**Count:**  
15 slices / 16 oz.

**Dimensions:**  
7" L x 5.5" W x 4.25" H

**Availability:**  
Saturday

Baked fresh with full caraway seeds, this rye bread packs zest and texture—just right for that classic Reuben, cucumber and dill or an epic grilled cheese.



Zero grams of  
trans fats



Pareve

### Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, RYE FLOUR, YEAST, HIGH FRUCTOSE CORN SYRUP, GROUND CARAWAY, WHEAT GLUTEN, WHOLE CARAWAY SEEDS, SOYBEAN OIL, SALT, MOLASSES, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, LACTIC ACID, ACETIC ACID, CARAWAY OIL, DILL OIL, SODIUM STEAROYL LACTYLATE, ONION POWDER, MILLED FLAX SEED, MALTODEXTRIN, MONOCALCIUM PHOSPHATE, CORN STARCH, CALCIUM SULFATE, WHEAT STARCH, CITRIC ACID, ASCORBIC ACID, SESAME.

**Contains wheat and sesame ingredients.**

### Nutrition Facts

15 Servings per container

Serving size 1 slice (30g)

Amount per serving

**Calories 80**

% of Daily Value\*

<b>Total Fat 1g</b>	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 140mg</b>	<b>6%</b>
<b>Total Carbohydrate 16g</b>	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Soluble Fiber 0g	
Insoluble Fiber 0g	
Total Sugar 1g	
Includes 1g Added Sugars	
<b>Protein 3g</b>	
Vitamin D 0mcg	<b>0%</b>
Calcium 40mg	<b>2%</b>
Iron 1mg	<b>6%</b>
Potassium 40mg	<b>0%</b>
Thiamine 0.1mg	<b>8%</b>
Riboflavin 0.1mg	<b>8%</b>
Niacin 1mg	<b>6%</b>
Folate (Folic Acid)	<b>10%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

