



## Twin Pack Live Light Whole Grain Bread



UPC: 071314043779

Net Weight: 20oz (1lbs 4oz)  
567g

### Specifications

**Count:**  
24 / 20 oz.

**Dimensions:**  
11.5" L x 9" W x 4.25" H

**Availability:**  
Tuesday, Thursday, Friday,  
Saturday

This bread has fewer calories than regular bread and provides at least 20% of the recommended grams of fiber health experts suggest.



No high  
fructose corn  
syrup



Zero grams of  
trans fats



Pareve

### Ingredients

WATER, WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WHEAT GLUTEN, RESISTANT WHEAT STARCH, YEAST, OAT FIBER, SUGAR, POLYDEXTROSE (DIETARY FIBER), WHEAT PROTEIN ISOLATE, SALT, SOYBEAN OIL, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), CALCIUM SULFATE, SODIUM STEAROYL LACTYLATE, DATEM, SORBIC ACID, SOYBEAN OIL (HYDROGENATED), WHEAT STARCH, DEXTROSE, NATURAL FLAVOR, CITRIC ACID, NATAMYCIN (A PRESERVATIVE), CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME; TOPPED WITH OAT BRAN.

Contains wheat and sesame ingredients.

### Nutrition Facts

24 Servings per container

Serving size

2 slices (47g)

% of Daily Value\*

Total Fat 1g1% 0g0%

Saturated Fat 0g0% 0g0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg0% 0mg0%

Sodium 210mg9% 105mg5%

Total Carbohydrate 19g7% 10g4%

Dietary Fiber 7g25% 4g14%

Soluble Fiber 0g

Insoluble Fiber 6g

Total Sugar 1g

Protein 5g

Vitamin D 0mcg

Calcium 40mg

Iron 1mg

Potassium 50mg

Riboflavin 0.1mg

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.



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