



UPC: 071314043779

Net Weight: 20oz (1lbs 4oz) 567g

Specifications

Count:
24 / 20 oz.

Dimensions:
11.5" L x 9" W x 4.25" H

Availability:
Monday, Tuesday, Thursday, Friday,
Saturday



Twin Pack Live Light Whole Grain Bread

Two loaves of whole grain deliciousness, with at least 20% of the expert-recommended grams of fiber health—and just 40 calories per slice. More of less!



No high
fructose corn
syrup



Zero grams of
trans fats



Pareve

Ingredients

WATER, WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WHEAT GLUTEN, RESISTANT WHEAT STARCH, YEAST, OAT FIBER, SUGAR, POLYDEXTROSE (DIETARY FIBER), WHEAT PROTEIN ISOLATE, SALT, SOYBEAN OIL, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), CALCIUM SULFATE, SODIUM STEAROYL LACTYLATE, DATEM, SORBIC ACID, SOYBEAN OIL (HYDROGENATED), WHEAT STARCH, DEXTROSE, NATURAL FLAVOR, CITRIC ACID, NATAMYCIN (A PRESERVATIVE), CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME; TOPPED WITH OAT BRAN.

Contains wheat and sesame ingredients.

Nutrition Facts

24 Servings per container

Serving size

2 slices (47g)

	% of Daily Value*
Total Fat 1g1%	0g0%
Saturated Fat 0g0%	0g0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg0%	0mg0%
Sodium 210mg9%	105mg5%
Total Carbohydrate 19g7%	10g4%
Dietary Fiber 7g25%	4g14%
Soluble Fiber 0g	
Insoluble Fiber 6g	
Total Sugar 1g	
Protein 5g	
Vitamin D	0mcg
Calcium	40mg
Iron	1mg
Potassium	50mg
Riboflavin	0.1mg

