



Whole Grain White Bread



UPC: 071314005234

Net Weight: 16oz (1lbs 0oz)
454g

Specifications

Count:
20 / 16 oz.

Dimensions:
11" L x 4" W x 4" H

Availability:
Tuesday, Saturday

With an excellent source of fiber and 14 grams of whole grains per serving, this bread is still soft and smooth.



No high
fructose corn
syrup



Zero grams of
trans fats

Ingredients

WHOLE GRAIN WHEAT FLOUR, WATER, RESISTANT CORN STARCH, YEAST, WHEAT GLUTEN, SUGAR, SOYBEAN OIL, SALT, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, MODIFIED WHEY, WHEAT STARCH, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME.

Contains wheat, milk, and sesame ingredients.

Nutrition Facts

10 Servings per container

Serving size

2 slices (45g)

Amount per serving

Calories

100

% of Daily Value*

Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 21g	8%
Dietary Fiber 6g	18%
Soluble Fiber 1g	
Insoluble Fiber 4g	
Total Sugar 2g	
Includes 2g Added Sugars	

Protein 4g

Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1mg	6%
Potassium 80mg	2%
Thiamine 0.1mg	8%
Riboflavin 0.1mg	8%
Niacin 1mg	6%
Folate (Folic Acid)	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.



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