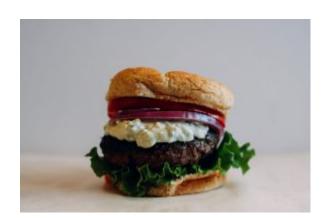


## Blue Cheese Topped Burger

## Ingredients Needed for Blue Cheese Topped Burgers

- 1 package Aunt Millie's Hearth Whole Grain Hamburger Buns
- 1 pound ground beef
- 1 tablespoon Dijon mustard
- 2 cloves garlic, minced
- 1 large egg
- ¼ teaspoon salt
- 1/4 teaspoon pepper
- ¼ cup low-fat mayonnaise
- 1/4 cup blue cheese, crumbled
- 2 tablespoons low-fat sour cream
- 4 slices red onion
- 4 slices tomato
- 4 slices lettuce



## Directions | Yield: 8 servings of Blue Cheese Topped Burgers

- 1. Preheat grill or medium pan over medium heat.
- 2. Gently combine the first six ingredients (excluding buns) and shape into 4 patties.
- 3. Grill patties over medium-high heat until desired degree of temperature.
- 4. Meanwhile, gently combine mayonnaise, blue cheese, and sour cream. Set aside.
- 5. Top each bun with a slice of lettuce, desired amount of blue cheese dressing, onion, and tomato.
- 6. Serve immediately and enjoy your Blue Cheese Topped Burger!

