

Blueberry Breakfast Casserole

Ingredients Needed for Blueberry Breakfast Casserole

- 1 package of Aunt Millie's Live Carb Smart® Cinnamon Swirl Bread
- 10 large eggs
- 1¹/₂ cups milk
- 1 (8-ounce) package cream cheese
- 1¹/₂ cups blueberries coated in flour
- 1 cup maple syrup
- 1/4 cup melted butter
- 1/4 cup cinnamon-sugar (recipe follows)
- Additional syrup for serving

Cinnamon Sugar

- 1 cup sugar
- ¼ cup cinnamon

Directions | Yield: 10 servings of Blueberry Breakfast Casserole

- 1. Cut up bread and cream cheese into 1 inch cubes.
- 2. Layer these cubes along with the blueberries in an 11-14-inch pan that has been sprayed with non-stick spray.
- 3. Mix together eggs, milk, maple syrup, and butter. Pour mixture over bread and cheese cubes.
- 4. Refrigerate covered overnight.
- 5. Sprinkle with cinnamon-sugar mixture right before baking.
- 6. Bake at 350°F for 45 to 60 minutes. Be sure to let the casserole set before removing from the pan.
- 7. Serve and enjoy your Blueberry Breakfast Casserole!



