

## Chicken Philly Cheesesteak

Like the classic, but healthier! I had some super-thin-sliced chicken breast and needed a recipe to use it up, so I came up with this one I served these on Aunt Millie's Live Carb Smart buns, which are so good — you'd never know that they are healthier. They pack a ton of fiber, which is why I love them (17g in one bun)! These sandwiches are super simple, quick to make, and don't require a ton of ingredients. Plus they are filling and protein packed!



## **Ingredients Needed for Chicken Philly Cheesesteak**

- 2 Aunt Millie's Live Carb Smart Hot Dog Buns
- 8 ounces thinly sliced chicken breasts, cut into strips
- ½ green bell pepper, sliced thin and cut in half
- 1 small yellow onion, sliced in 1/4" rings
- 1 teaspoon Italian seasoning
- ½ teaspoon garlic seasoning
- 1/4 teaspoon kosher salt
- 6 tablespoon shredded mozzarella

## Directions | Yield: servings for Chicken Philly Cheesesteak

- 1. Heat skillet over medium heat, spray with olive oil and add onions and peppers.
- 2. Add  $\frac{1}{2}$  teaspoon Italian seasoning and  $\frac{1}{4}$  teaspoon garlic powder.
- 3. Cook 15 minutes or so until soft and starting to caramelize. Remove onto a plate.
- 4. Spray with more olive oil and add chicken and remaining seasoning, and then cook until chicken is cooked through.
- 5. Add peppers and onions back in to warm through.
- 6. Divide between 2 rolls (you may have some extra; I just ate it on the side) and top with 3 tablespoon shredded mozzarella each. (I popped mine in the microwave to melt the cheese; you can also place on a sheet pan in a 350 degree oven for a few minutes.) Enjoy your Chicken Philly Cheesesteaks!

