

Eggs Mornay

Ingredients Needed for Eggs Mornay

- 1 package Aunt Millie's 100% Whole Wheat English Muffins
- 8 hard-boiled eggs, peeled and sliced
- 4 tablespoons salted butter
- ¼ cup all-purpose flour
- 11/2 cups 1% Milk
- ¹/₂ cup heavy cream
- ³/₄ cup shredded Swiss cheese
- ¼ cup shredded Parmesan cheese
- Salt and pepper, to taste

Directions | Yield: 12 servings of Eggs Mornay

- 1. Preheat the oven to 400°F.
- 2. Lay eggs in the bottom of a greased baking dish.
- 3. In a medium saucepan, melt butter and blend in the flour. Cook and stir for 2 minutes.
- 4. Gradually whisk in the milk and cream, stirring constantly until thick and bubbly.
- 5. Add Swiss cheese and stir until melted. Add salt and pepper to taste.
- 6. Pour cheese mixture over eggs, top with Parmesan cheese, and bake for 20 minutes.
- 7. Meanwhile, toast each English muffin half in a toaster. Spread with a small amount of butter while warm.
- 8. Remove eggs from the oven, and top each English muffin with the desired amount of egg mixture.
- 9. Serve and enjoy your Eggs Mornay!



