



100% Whole Wheat Bread



UPC: 071314103367

Net Weight: 22oz (1lbs 6oz)
624g

Specifications

Count:
8 ct. / 22 oz.

Dimensions:
10" L x 4" W x 4" H

Availability:
Monday, Tuesday, Friday,
Saturday

Aunt Millie's original recipe bread, baked in a wide pan so each slice is big and hearty. Its full of nutrition, too.



No high fructose corn
syrup



Zero grams of trans fats

Ingredients

WHOLE GRAIN WHEAT FLOUR, WATER, WHEAT GLUTEN, YEAST, SUGAR, SOYBEAN OIL, HONEY, CULTURED WHEAT FLOUR, SALT, MONOGLYCERIDES, MOLASSES, VINEGAR, WHEAT STARCH, ASCORBIC ACID, SESAME; TOPPED WITH WHEAT BRAN.

Contains wheat and sesame ingredients.

Nutrition Facts

19 Servings per container

Serving size 1 slice (33g)

Amount per serving

Calories 90

% of Daily Value*

| | |
|-------------------------------|-----------|
| Total Fat 1.5g | 2% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Polyunsaturated Fat 0g | |
| Monounsaturated Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 130mg | 6% |
| Total Carbohydrate 15g | 5% |
| Dietary Fiber 2g | 7% |
| Soluble Fiber 0g | |
| Insoluble Fiber 1g | |
| Total Sugar 2g | |
| Includes 2g Added | |

Sugars

Protein 3g

| | |
|-------------------------------|----|
| Vitamin D 0mcg | 0% |
| Calcium 15mg | 2% |
| Iron 1mg | 6% |
| Potassium 80mg | 2% |
| Thiamine 0.1mg | 8% |
| Riboflavin 0.1mg | 8% |
| Niacin 1mg | 6% |
| Folate 13mcg DFE (Folic Acid) | 4% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.



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