



Our Products



Products

Live Carb Smart® English Muffins

UPC: 7131404979

Net Weight: 10.5oz (0lbs
10.5oz) 297g

Dimensions:
8.000x4.000x4.000 IN

Trying to watch your carbs? Now you can Live Carb Smart.

WATER, MODIFIED WHEAT STARCH, WHEAT PROTEIN ISOLATE, INULIN, OAT FIBER, YEAST, YELLOW CORN FLOUR, YELLOW CORNMEAL, SUGAR, SALT, FUMARIC ACID, CALCIUM PROPIONATE (PRESERVATIVE), VINEGAR, SOYBEAN OIL, POTASSIUM SORBATE (PRESERVATIVE), MALTODEXTRIN, DEXTROSE, CORN STARCH, NATURAL FLAVORS, ACETIC ACID, NATAMYCIN (PRESERVATIVE), ASCORBIC ACID.

CONTAINS WHEAT INGREDIENTS.

Nutrition Facts

6 Servings per container

Serving size

1 bun (50g)

Amount per serving

CALORIES

80

% of Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat

0.5g

Monounsaturated Fat

0g

Cholesterol 0mg 0%

Sodium 210mg 9%

Total Carbohydrate 20g 7%

Dietary Fiber 11g 39%

Soluble Fiber 1g

Insoluble Fiber 9g

Total Sugar 1g

Includes 0g Added

Sugars

Protein 8g

Vitamin D 0mcg 0%

Calcium 60mg 6%

Iron 0.5mg 2%

Potassium 30mg 0%

Thiamine

Riboflavin

Niacin

Folate (Folic Acid)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.