



Our Products



### Products

# Live Light Potato Bread

UPC: 71314001878

Net Weight: 20oz (1lbs 4oz)

567g

Dimensions:

Full of nutrition with no high fructose corn syrup and balanced with two servings of dietary fiber. This bread is great for those watching weight and blood sugar levels.

WATER, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], OAT FIBER, MODIFIED FOOD STARCH (POTATO), YEAST, WHEAT GLUTEN, POLYDEXTROSE (DIETARY FIBER), POTATO FLAKES, SUGAR, FERMENTED WHEAT SOURDOUGH, SALT, POTATO FLOUR, CALCIUM SULFATE AND MONOCALCIUM PHOSPHATE, GUAR GUM, XANTHAN GUM, DATEM, POTASSIUM CHLORIDE, CALCIUM PROPIONATE (A PRESERVATIVE), SOYBEAN OIL, MONOGLYCERIDES, DEXTROSE, NATURAL FLAVORS, CITRIC ACID, CALCIUM PHOSPHATE, ASCORBIC ACID.

**Contains wheat ingredients.**

## Nutrition Facts

12 Servings per container

Serving size

2 slices (47g)

Amount per serving

**CALORIES**

**80**

% of Daily Value\*

<b>Total Fat 0.5g</b>	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat	
0g	
Monounsaturated Fat	
0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 190mg</b>	<b>8%</b>
<b>Total Carbohydrate 21g</b>	<b>8%</b>
Dietary Fiber 7g	<b>25%</b>
Soluble Fiber 0g	
Insoluble Fiber 3g	
Total Sugar 1g	
Includes 1mg	
Added Sugars	
<b>Protein 3mg</b>	
Vitamin D 0mcg	<b>0%</b>
Calcium 120mg	<b>10%</b>
Iron 1mg	<b>6%</b>
Potassium 70mg	<b>2%</b>
Thiamine 0.1mg	<b>8%</b>
Riboflavin 0.1mg	<b>8%</b>
Niacin 1mg	<b>6%</b>
Folate 51mcg DFE (Folic Acid)	<b>15%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

*While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.*