



Our Products



UPC: 71314069199

Net Weight: 20oz (1lbs 4oz)  
567g

Dimensions:  
9.000x4.500x4.500 IN



## Products

# Plain Bagels

A classic bagel that offers the traditional chewy texture. Smear your favorite jams, jellies, butters, or cheeses for a great breakfast, or turn into a delicious sandwich.

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, WHEAT GLUTEN, CALCIUM PROPIONATE (A PRESERVATIVE), GUAR GUM, SOYBEAN OIL, WHEAT FLOUR, SODIUM STEAROYL LACTYLATE, MONOGLYCERIDES, CITRIC ACID (A PRESERVATIVE), SORBIC ACID (A PRESERVATIVE), ENZYMES, HYDROGENATED SOYBEAN OIL, DEGERMINATED YELLOW CORN MEAL, ASCORBIC ACID (A PRESERVATIVE).

**Contains wheat ingredients.**

## Nutrition Facts

6 Servings per container

Serving size

1 bagel (94g)

Amount per serving

**CALORIES**

**250**

% of Daily Value\*

**Total Fat 1.5g** 2%

Saturated Fat 0.5g 3%

Trans Fat 0g

Polyunsaturated Fat

1g

Monounsaturated Fat

0g

**Cholesterol 0mg** 0%

**Sodium 490mg** 21%

**Total Carbohydrate 51g** 19%

Dietary Fiber 2g 8%

Soluble Fiber g

Insoluble Fiber g

Total Sugar 6g

Includes 5g Added

Sugars

**Protein 9g**

Vitamin D 0mcg 0%

Calcium 130mg 10%

Iron 2.8mg 15%

Potassium 90mg 0%

Thiamine 0.49mg 40%

Riboflavin 0.34mg 25%

Niacin 4.1mg 25%

Folate 210mcg DFE

(Folic Acid) 50%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

*While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.*