



Twin Pack 100% Whole Wheat Bread



UPC: 071314012300

Net Weight: 44oz (2lbs 12oz)
1247g

Specifications

Count:
4 ct. / 44 oz.

Dimensions:
10" L x 8" W x 4" H

Availability:
Monday, Tuesday, Friday,
Saturday

Aunt Millie's original recipe bread, baked in a wide pan so each slice is big and hearty. Its full of nutrition, too.



No high fructose corn
syrup



Zero grams of trans fats

Ingredients

WHOLE GRAIN WHEAT FLOUR, WATER, YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, HONEY, CULTURED WHEAT FLOUR, SALT, MOLASSES, VINEGAR, MODIFIED WHEY, WHEAT STARCH, CITRIC ACID, SESAME; TOPPED WITH WHEAT BRAN.

Contains wheat, milk, and sesame ingredients.

Nutrition Facts

38 Servings per container

Serving size 1 slice (33g)

Amount per serving

Calories 90

% of Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 135mg 6%

Total Carbohydrate 16g 6%

Dietary Fiber 2g 7%

Soluble Fiber 1g

Insoluble Fiber 1g

Total Sugar 3g

Includes 3g Added

Sugars

Protein 3g

Vitamin D 0mcg 0%

Calcium 15mg 2%

Iron 1mg 6%

Potassium 80mg 2%

Thiamine 0.1mg 8%

Riboflavin 0.1mg 8%

Niacin 1mg 6%

Folate 13mcg DFE (Folic Acid) 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

