



Cracked Wheat with Whole Grain Bread



Baked with whole grain bread and cracked wheat, this bread is the healthy alternative to white bread. It's hearty and healthy and full of soft, wholesome goodness.



No high fructose corn syrup



Zero grams of trans fats

UPC: 071314102216

Net Weight: 22oz (1lbs 6oz)
624g

Specifications

Count:
10 ct. / 22 oz.

Dimensions:
10" L x 4" W x 4" H

Availability:
Monday, Tuesday, Friday,
Saturday

Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, WHOLE GRAIN WHEAT FLOUR, CRUSHED WHEAT, YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, WHEAT BRAN, BUTTERMILK, CULTURED WHEAT FLOUR, SALT, MONOGLYCERIDES, VINEGAR, SODIUM STEAROYL LACTYLATE, POTASSIUM CHLORIDE, CALCIUM SULFATE, WHEAT STARCH, CITRIC ACID, ASCORBIC ACID, SESAME; MAY BE TOPPED WITH FLOUR.

Contains wheat, milk, and sesame ingredients.

Nutrition Facts

19 Servings per container

Serving size 1 slice (33g)

Amount per serving

Calories 80

% of Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 140mg 6%

Total Carbohydrate 16g 6%

Dietary Fiber 1g 4%

Soluble Fiber 0g

Insoluble Fiber 1g

Total Sugar 2g

Includes 1g Added

Sugars

Protein 3g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 1mg 6%

Potassium 60mg 2%

Thiamine 0.1mg 8%

Riboflavin 0.1mg 8%

Niacin 1mg 6%

Folate 34mcg DFE (Folic Acid) 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

