



## Half Loaf Ancient Grains Bread



UPC: 071314043458

Net Weight: 12oz (0lbs 12oz)  
340g

### Specifications

**Count:**  
10 ct. / 12 oz.

**Dimensions:**  
7" L x 4" W x 4" H

**Availability:**  
Monday, Friday

This Ancient Grains Bread includes 10 ancient grains: Sorghum, Buckwheat, Brown Rice, Sunflower Seeds, Brown Flax, Chia Seeds, Spelt, Quinoa, Teff and Amaranth.



No high  
fructose corn  
syrup



Zero grams  
of trans fats



Pareve

### Ingredients

ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, WHOLE GRAIN WHEAT FLOUR, YEAST, SUGAR, BULGUR, WHEAT GLUTEN, SORGHUM, BUCKWHEAT, BROWN RICE, SOYBEAN OIL, SUNFLOWER SEEDS, SALT, RED QUINOA, BROWN FLAX, CHIA SEEDS, SPELT, AMARANTH, TEFF, CALCIUM PROPIONATE (A PRESERVATIVE), MONOGLYCERIDES, VINEGAR, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, WHEAT STARCH, CITRIC ACID, ASCORBIC ACID, SESAME.

**Contains wheat and sesame ingredients.**

### Nutrition Facts

13 Servings per container

Serving size 1 slice (26g)

Amount per serving

**Calories 70**

% of Daily Value\*

**Total Fat 1g 1%**

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol 0mg 0%**

**Sodium 115mg 5%**

**Total Carbohydrate 14g 5%**

Dietary Fiber 1g 4%

Soluble Fiber 0g

Insoluble Fiber 1g

Total Sugar 2g

Includes 2g Added

Sugars

**Protein 3g**

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 1mg 6%

Potassium 40mg 0%

Thiamine 0.1mg 8%

Riboflavin 0.1mg 8%

Niacin 1mg 6%

Folate 33mcg DFE (Folic Acid) 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

