



## Live Carb Smart® Wheat Bread



UPC: 071314049702

Net Weight: 14oz (0lbs 14oz)  
397g

### Specifications

**Count:**  
10 ct. / 14 oz.

**Dimensions:**  
8" L x 4" W x 4" H

**Availability:**  
Tuesday, Friday, Saturday

Trying to watch your carbs? Now you can  
Live Carb Smart®.



No high  
fructose corn  
syrup



Zero grams  
of trans fats



Pareve

### Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN\*, WHEAT PROTEIN ISOLATE\*, YEAST, ALLULOSE\*\*, OAT FIBER\*, WHEAT BRAN, INULIN\*, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), GUAR GUM, POTASSIUM CHLORIDE, WHEAT STARCH, DEXTROSE\*, NATURAL FLAVOR\*, CORN STARCH, SOYBEAN OIL (HYDROGENATED), SORBIC ACID (A PRESERVATIVE), ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), SESAME. \*adds a trivial amount of sugar

Contains wheat and sesame ingredients.

### Nutrition Facts

14 Servings per container  
Serving size 1 slice (28g)

Amount per serving  
**Calories 30**

	% of Daily Value*
<b>Total Fat 0.5g</b>	<b>1%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 125mg</b>	<b>5%</b>
<b>Total Carbohydrate 12g</b>	<b>4%</b>
Dietary Fiber 11g	39%
Soluble Fiber 1g	
Insoluble Fiber 10g	
Total Sugar 0g	
Includes 0g Added	

Sugars

**Protein 4g**

Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.3mg	2%
Potassium 50mg	2%
Thiamine	
Riboflavin	
Niacin	
Folate (Folic Acid)	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

