



Our Products



### Products

# Live Carb Smart® Wheat Bread

UPC: 71314049702

Net Weight: 14oz (0lbs 14oz)  
397g

Dimensions:  
8.000x4.000x4.000 IN

*Live Carb Smart®.* That was our intent when we started and remains our intent today; to provide consumers with the best carb counting option available in the bread aisle.

WATER, RESISTANT WHEAT STARCH, WHEAT GLUTEN\*, WHEAT PROTEIN ISOLATE\*, YEAST, RESISTANT TAPIOCA STARCH, INULIN\*, ALLULOSE\*\*, OAT FIBER\*, WHEAT BRAN, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), GUAR GUM, POTASSIUM CHLORIDE, WHEAT STARCH, CALCIUM SULFATE, VITAMIN D2 (ERGOCALCIFEROL), DEXTROSE\*, NATURAL FLAVOR\*, SORBIC ACID (A PRESERVATIVE), HYDROGENATED SOYBEAN OIL, ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), SESAME. \*adds a trivial amount of sugars and added sugar

**Contains wheat ingredients.**

## Nutrition Facts

14 Servings per container

Serving size

1 slice (28g)

Amount per serving

**CALORIES**

**45**

% of Daily Value\*

**Total Fat 0.5g** 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat

0g

Monounsaturated Fat

0g

**Cholesterol 0mg** 0%

**Sodium 110mg** 6%

**Total Carbohydrate 12g** 4%

Dietary Fiber 7g 25%

Soluble Fiber 1g

Insoluble Fiber 6g

Total Sugar 0g

Includes 0g Added

Sugars

**Protein 5g**

Vitamin D 1.8mcg 10%

Calcium 80mg 6%

Iron 0.5mg 4%

Potassium 50mg 2%

Thiamine

Riboflavin

Niacin 6%

Folate (Folic Acid)

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

*While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.*