



Our Products



Products

Live Carb Smart® White Bread

UPC: 71314049726

Net Weight: 14oz (0lbs 14oz)
397g

Dimensions:
8.000x4.000x4.000 IN

Live Carb Smart®. That was our intent when we started and remains our intent today; to provide consumers with the best carb counting option available in the bread aisle.

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN*, WHEAT PROTEIN ISOLATE*, YEAST, RESISTANT TAPIOCA STARCH, INULIN*, ALLULOSE**, OAT FIBER*, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), CALCIUM SULFATE, VITAMIN D2 (ERGOCALCIFEROL), POTASSIUM CHLORIDE, GUAR GUM, WHEAT STARCH, SORBIC ACID (A PRESERVATIVE), DEXTROSE*, HYDROGENATED SOYBEAN OIL, NATURAL FLAVOR*, ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), SESAME. *adds a trivial amount of sugar and added sugar

Contains wheat ingredients.

Nutrition Facts

14 Servings per container

Serving size

1 slice (28g)

Amount per serving

CALORIES

45

% of Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat

0g

Monounsaturated Fat

0g

Cholesterol 0mg 0%

Sodium 115mg 6%

Total Carbohydrate 12g 4%

Dietary Fiber 6g 21%

Soluble Fiber 1g

Insoluble Fiber 5g

Total Sugar 0g

Includes 0g Added

Sugars

Protein 5g

Vitamin D 1.9mcg 10%

Calcium 90mg 8%

Iron 0.3mg 2%

Potassium 50mg 2%

Thiamine

Riboflavin

Niacin

Folate (Folic Acid)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.