



Live Light Honey Wheat Bread



UPC: 071314059114

Net Weight: 20oz (1lbs 4oz)
567g

Specifications

Count:
8 ct. / 20 oz.

Dimensions:
12" L x 4" W x 4" H

Availability:
Tuesday, Friday

With fewer calories than regular bread and 20% of your daily fiber, this light and tasty bread is good toasted or part of your favorite sandwich.



No high fructose corn syrup



Zero grams of trans fats



Pareve

Ingredients

WATER, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WHOLE GRAIN WHEAT FLOUR, WHEAT GLUTEN, RESISTANT WHEAT STARCH, OAT FIBER, YEAST, HONEY, POLYDEXTROSE (DIETARY FIBER), WHEAT PROTEIN ISOLATE, SALT, GUAR GUM, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, POTASSIUM CHLORIDE, MONOGLYCERIDES, WHEAT STARCH, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), CITRIC ACID, SESAME.

Contains wheat and sesame ingredients.

Nutrition Facts

12 Servings per container

Serving size 2 slices (47g)

Amount per serving Calories

	% of Daily Value*
Total Fat 0.5g 1%	0g 0%
Saturated Fat 0g	0g0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
	0mg 0
Cholesterol 0mg 0%	% 105mg
Sodium 200mg 9%	5%
Total Carbohydrate 21g 8%	11g 4%
Dietary Fiber 8g	29% 4g 14%
Soluble Fiber 0g	
Insoluble Fiber 7g	
Total Sugar 2g	
Includes Added Sugars	
Protein 5g	
Vitamin D	0mcg
Calcium	45mg
Iron	1mg
Potassium	90mg
Thiamine	
Riboflavin	0.1mg
Niacin	
Folate (Folic Acid)	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.



