



Our Products

UPC: 71314007245

Net Weight: 12oz (0lbs 12oz)
340g

Dimensions:
11.250x4.000x2.250 IN



Products

Old-Fashioned White English Muffins

Toasted then topped with a spread or served plain, these white English muffins can easily be turned into a breakfast sandwich, too.

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, DEGERMINATED YELLOW CORN MEAL, DEGERMINATED YELLOW CORN FLOUR, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: WHEAT GLUTEN, SUGAR, SALT, VINEGAR, SOYBEAN OIL, CALCIUM PROPIONATE (A PRESERVATIVE), FUMARIC ACID, DATEM, POTASSIUM SORBATE (A PRESERVATIVE), HYDROGENATED SOYBEAN OIL, ASCORBIC ACID (DOUGH CONDITIONER), ENZYMES.

Contains wheat ingredients.

Produced on a line that processes soy ingredients.

Nutrition Facts

6 Servings per container

Serving size

1 muffin (57g)

Amount per serving

CALORIES

140

	% of Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat	
0.5g	
Monounsaturated Fat	
0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Soluble Fiber g	
Insoluble Fiber g	
Total Sugar 1g	
Includes <1g	
Added Sugars	
Protein 5g	
Vitamin D 1.3mcg	6%
Calcium 80mg	6%
Iron 1.6mg	8%
Potassium 100mg	2%
Thiamine 0.21mg	15%
Riboflavin 0.13mg	10%
Niacin 1.7mg	10%
Folate 110mcg DFE (Folic Acid)	25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

While we make every effort to post the most current product nutrition facts and ingredients on this website, your best source of product information is printed on the package you purchase.