



## Twin Pack Live Light Whole Grain Bread



UPC: 071314043779

Net Weight: 20oz (1lbs 4oz)  
567g

### Specifications

**Count:**  
4 ct. / 20 oz.

**Dimensions:**  
12" L x 4" W x 4" H

**Availability:**  
Tuesday, Thursday, Friday,  
Saturday

This bread has fewer calories than regular bread and provides at least 20% of the recommended grams of fiber health experts suggest.



No high  
fructose corn  
syrup



Zero grams  
of trans fats



Pareve

### Ingredients

WATER, WHOLE GRAIN WHEAT FLOUR, OAT FIBER, WHEAT GLUTEN, YEAST, MODIFIED FOOD STARCH (POTATO), POLYDEXTROSE (DIETARY FIBER), FERMENTED WHEAT SOURDOUGH, SUGAR, SALT, MOLASSES, DATEM, CALCIUM SULFATE AND MONOCALCIUM PHOSPHATE, GUAR GUM, POTASSIUM CHLORIDE, XANTHAN GUM, CALCIUM PROPIONATE (A PRESERVATIVE), NATURAL FLAVOR, MONOGLYCERIDES, CALCIUM PHOSPHATE, ASCORBIC ACID, CITRIC ACID; TOPPED WITH OAT BRAN.

Contains wheat ingredients.

### Nutrition Facts

12 Servings per container

Serving size 2 slices (47g)

#### Amount per serving Calories

	% of Daily Value*
<b>Total Fat 1g</b> 1%	<b>0g</b> 0%
Saturated Fat 0g	<b>0g</b> 0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
	<b>0mg</b> 0
<b>Cholesterol 0mg</b> 0%	%
	<b>95mg</b> 4
<b>Sodium 180mg</b> 8%	%
<b>Total Carbohydrate 19g</b> 7%	<b>10g</b> 4%
Dietary Fiber 7g	<b>25%</b> 4
Soluble Fiber 1g	
Insoluble Fiber 4g	
Total Sugar 1g	
Includes Added Sugars	
<b>Protein 4g</b>	
Vitamin D	<b>0mcg</b>
Calcium	
Iron	<b>1mg</b>
Potassium	<b>100mg</b>
Thiamine	
Riboflavin	<b>0mg</b>
Niacin	
Folate (Folic Acid)	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.



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