



## Whole Grain Hamburger Buns



UPC: 071314002578

Net Weight: 17oz (1lbs 1oz)  
482g

### Specifications

**Count:**  
9 ct. / 17 oz.

**Dimensions:**  
7" L x 7" W x 3" H

**Availability:**  
Tuesday, Saturday

Looking for something a little healthier than a traditional hamburger bun, this whole grain hamburger bun is perfect.



No high  
fructose corn  
syrup



Zero grams  
of trans fats



Pareve

### Ingredients

WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, SUGAR, YEAST, WHEAT BRAN, WHEAT GLUTEN, SOYBEAN OIL, WHOLE GRAIN ROLLED OATS, SALT, RYE FLOUR, BARLEY FLAKES, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, WHEAT STARCH, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME.

**Contains wheat and sesame ingredients.**

**Produced on a line that processes milk ingredients.**

### Nutrition Facts

**8 Servings per container**

**Serving size**

**1 bun (60g)**

**Amount per serving**

**Calories**

**150**

**% of Daily Value\***

<b>Total Fat 2g</b>	<b>3%</b>
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 260mg</b>	<b>11%</b>
<b>Total Carbohydrate 26g</b>	<b>9%</b>
Dietary Fiber 3g	11%
Soluble Fiber 1g	
Insoluble Fiber 2g	
Total Sugar 4g	
Includes 3g Added Sugars	
<b>Protein 5g</b>	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%
Potassium 110mg	2%
Thiamine 0.2mg	15%
Riboflavin 0.1mg	8%
Niacin 2mg	15%
Folate 55mcg DFE (Folic Acid)	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

