



# Raspberry Walnut Chicken Salad

Light Options, Recipes



## Ingredients Needed

- 12 slices Aunt Millie's Live Light Honey Wheat Bread
- 1 pound cooked, shredded chicken breast
- ¼ cup mayonnaise
- ½ cup non-fat plain yogurt
- 2 Tablespoons lite raspberry walnut salad dressing
- 1½ teaspoons finely chopped red onion
- 3 ounce package chopped walnuts
- ½ cup raspberries (dried cranberries work well also)

**Directions | Yield: 4 servings**

1. Mix mayonnaise, yogurt, and salad dressing together.
2. Add to cooked chicken and mix together.
3. Stir in onions and walnuts.
4. Gently stir in raspberries.
5. Spread on bread.