



# Salmon Salad Sandwiches

Light Options, Recipes, Sandwich



## Ingredients Needed

- 8 slices Aunt Millie's Live Light Whole Grain Bread
- 1 Can (7.5-ounces) salmon
- 2 Tablespoons finely chopped green onions
- 1 Tablespoons light mayonnaise
- 1 Tablespoon nonfat plain yogurt
- 1 Tablespoon lemon juice
- 2 teaspoons fresh parsley, minced
- 1 teaspoon minced fresh dill
- Salt, to taste
- Black pepper, to taste
- Small bag of lettuce

**Directions | Yield: servings**

1. Drain the salmon and place in a bowl.
2. Place the remaining ingredients (except lettuce) in with the salmon, and combine gently.
3. Lay lettuce on the bottom of 4 slices for bread, and top with even portions of the salmon mixture.
4. Top with remaining 4 slices of bread.